March 2019

Washington Township High Schools





Available Daily:
Assorted Hoagies
Assorted Wraps
Assorted Salads

Chicken Patty Sandwich (Regular or Spicy)



Lunch Price: \$3.50 Paid, \$.40 Reduced

Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



	Monday	Tuesday	Wednesday	Thursday	Friday
2					Assorted Pizza Romaine Salad Pears
	- 15.5%	Į.			Milk Choice
	Chicken Quesadillas Corn Pears Milk Choice	Meatball Sandwich Carrots Mixed Fruit Cup	Chicken Tenders Peas Pears Milk Choice	Tacos Refried Beans Apple Sauce Milk Choice	"PIZZA BOX PIZZA!" Broccoli Mixed Fruit Milk Choice
	Pizza Crunchers Celery Sticks Peaches Milk Choice	Stuffed Shells w/Meat Sauce and Breadstick Romaine Salad Pears Milk Choice	Macaroni and Cheese Carrots Apple Sauce Milk Choice	Open Face Hot Turkey Sandwich with Gravy Mashed Potatoes Cranberry Sauce Milk Choice	Assorted Pizza Spinach Mixed Fruit Milk Choice
	Cheeseburger Tater Tots Mixed Fruit Milk Choice	Grilled Cheese Tomato Soup Apple Sauce Milk Choice	Mini Pizza Bagels Peas Pears Milk Choice	Tacos Black Beans and Rice Apple Slices Milk Choice	Assorted Pizza Romaine Salad Pears Milk Choice
	Cheesey Breadsticks with Sauce Romaine Salad Mixed Fruit Milk Choice	Egg McMuffin Sandwich Hash Browns Peaches Milk Choice	Mozzarella Sticks Carrots Pears Milk Choice	Popcorn Chicken Green Beans Mixed Fruit Milk Choice	"PIZZA BOX PIZZA!" Broccoli Apple Sauce Milk Choice